

## 2 Timothy 1

7 For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline.

# Ephesians 6

10 Finally, be strong in the Lord and in His mighty power. 11 Put on the full armor of God, so that you can make your stand against the devil's schemes.

12 For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this world's darkness, and against the spiritual forces of evil in the heavenly realms.

# Ephesians 6

13 Therefore take up the full armor of God, that you may be able to withstand in the evil day, and having done all, to stand firm.

14 Stand therefore, having fastened on the **belt of truth**, and having put on the **breastplate of righteousness**,

# Ephesians 6

15 and with your feet fitted with the readiness of the **gospel of peace**. 16 In addition to all this, take up the **shield of faith**, with which you can extinguish all the flaming arrows of the evil one.

17 And take the **helmet of salvation** and the **sword of the Spirit**, which is the word of God.

## Ephesians 6

18 Pray in the Spirit at all times, with every kind of prayer and petition. To this end, stay alert with all perseverance in your prayers for all the saints.

19 Pray also for me, that whenever I open my mouth, divine utterance may be given me, so that I will boldly make known the mystery of the gospel, 20 for which I am an ambassador in chains. Pray that I may proclaim it fearlessly, as I should.

# The Belt of Truth

1 John 5:18 We know that anyone born of God does not keep on sinning; the One who was born of God protects him, and the evil one cannot touch him.

19 We know that we are children of God, and that the whole world is under the control of the evil one.

20 We know also that the Son of God has come and has given us understanding, so that we may know him who is true. And we are in him who is true by being in his Son Jesus Christ. He is the true God and eternal life.

How do I put on the Belt of Truth?

## Know the truth

John 8:31 So Jesus said to the Jews who had believed him, "If you abide in my word, you are truly my disciples, 32 and you will know the truth, and the truth will set you free."

# The Breastplate of Righteousness

Ephesians 6

14 Stand therefore, having fastened on the belt of truth, and having put on the **breastplate of righteousness,**



# The Breastplate of Righteousness

## Imputed Righteousness

to credit

to reckon

to count

to calculate

to regard

to consider

# The Breastplate of Righteousness

## Romans 4

2 If, in fact, Abraham was justified by works, he had something to boast about—but not before God. 3 What does Scripture say? “Abraham believed God, and it was credited to him as righteousness.”

# The Breastplate of Righteousness

## Romans 4

4 Now to the one who works, wages are not credited as a gift but as an obligation. 5 However, to the one who does not work but trusts God who justifies the ungodly, their faith is credited as righteousness.

# The Breastplate of Righteousness

Romans 4:

16 Therefore, the promise comes by faith, so that it may be by grace and may be guaranteed to all Abraham's offspring—not only to those who are of the law but also to those who have the faith of Abraham. He is the father of us all.

17 As it is written: "I have made you a father of many nations." He is our father in the sight of God, in whom he believed—the God who gives life to the dead and calls into being things that were not.

# The Breastplate of Righteousness

Romans 4:

22 This is why "it was credited to him as righteousness." 23 The words "it was credited to him" were written not for him alone, 24 but also for us, to whom God will credit righteousness—for us who believe in him who raised Jesus our Lord from the dead.

# The Breastplate of Righteousness

**How trustworthy is the breastplate of righteousness?**

**How do I put on the breastplate?**

**Why is it important that I put it on?**

# The Breastplate of Righteousness

## Imparted Righteousness

Romans 6:11 So you also must consider yourselves dead to sin and alive to God in Christ Jesus.

Galatians 2:20 I have been crucified with Christ and I no longer live, but Christ lives in me. The life I now live in the body, I live by faith in the Son of God, who loved me and gave himself for me.

# The Breastplate of Righteousness

## Imparted Righteousness

### Ephesians 4

20 But this is not the way you came to know Christ.  
21 Surely you heard of Him and were taught in Him in keeping with the truth that is in Jesus. 22 You were taught to put off your former way of life, your old self, which is being corrupted by its deceitful desires; 23 to be renewed in the spirit of your minds; 24 and to put on the new self, created to be like God in true righteousness and holiness.



# The Breastplate of Righteousness

## Imparted Righteousness

### Ephesians 4

25 Therefore each of you must put off falsehood and speak truthfully to his neighbor, for we are members of one another. 26 "Be angry, yet do not sin." Do not let the sun set upon your anger, 27 and do not give the devil a foothold.

# The Breastplate of Righteousness

## Imparted Righteousness

### Romans 13

11 And do this, understanding the present time: The hour has already come for you to wake up from your slumber, because our salvation is nearer now than when we first believed. 12 The night is nearly over; the day is almost here. So let us put aside the deeds of darkness and put on the armor of light.

13 Let us behave decently, as in the daytime, not in carousing and drunkenness, not in sexual immorality and debauchery, not in dissension and jealousy. 14 Rather, clothe yourselves with the Lord Jesus Christ, and do not think about how to gratify the desires of the flesh.